



16th European Public Health Conference 2023
Our Food, Our Health, Our Earth: A Sustainable Future for Humanity
9 - 11 November 2023, The CCD, Dublin, Ireland

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EPH Conference Dublin 2023 Statement

9 November 2023

We are at another turning point in our shared human history, and we must respond effectively. The ways in which humans feed themselves have always mattered but now the links between our food, our health, and our ecosystem must be attended to. Action must be both immediate, and sustainable.

On one side, our modern diet drives endemic ill health, with overnutrition, and malnutrition, wasting, stunted growth, as well as obesity, heart disease, stroke, and more. On the other side our models of food production drive both damage to us, and to our environment, including deforestation, biodiversity loss, desertification, climate change, health and social inequalities, and contamination of water and air.

Prof Anthony Staines, Chair of the EPH Conference said: “To turn this corner, we must move to a healthier, safer, more sustainable system for feeding ourselves. We need to change how we produce food, and how we incentivise farmers. They are a key part of the necessary transformation in our food production. It also provides them with an immense opportunity. If we take an approach to food, looking at regenerative agriculture globally, eating more plants, food production in the places where it make sense, sometimes local, sometimes not, we can open up to a more sustainable future, and a fairer future, for all of us.”

He also said: “ We urge European leaders to recognize and respect the interconnectedness of food, health, and to implement laws to champion and support green agriculture, ensure universal food access, and protect our natural habitats. This can only be done by encouraging inter-industry cooperation, merging sectors like agriculture, health, environment, and education.”

The above text is a summary of the longer Dublin 2023 Conference Statement. The full text of the statement is available [here](#).

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More information:

- Website of the EPH Conference: www.ephconference.org
- About the European Public Health Association: www.eupha.org



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EUPHA

The European Public Health Association, or EUPHA in short, is an umbrella organisation for public health associations in Europe. Our network of national associations of public health represents around 25,000 public health professionals. EUPHA contributes to the preservation and improvement of public health in the European region through capacity and knowledge building. We are committed to creating a more inclusive Europe, narrowing all health inequalities among Europeans, by facilitating, activating, and disseminating strong evidence-based voices from the public health community and by strengthening the capacity of public health professionals to achieve evidence-based change.

EPH Conference

The European Public Health (EPH) Conference is an annually organised scientific conference on public health issues in Europe. Each year the conference is organised in a different country by the EPH Conference Foundation in close cooperation with one or more local partner(s). The conference actively seeks a larger partnership with other European NGOs, international health organisations and institutions. EPH Conference Foundation was established in May 2013 as a non-governmental and not-for-profit organisation at the initiative of the European Public Health Association (EUPHA). The Foundation is managed by the independent Executive Board.

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EPH Conference

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