

# Life-satisfaction varies greatly among LGBT-people in Europe

**The prerequisites for living as you wish sexually, without being subjected to victimization, stigmatization and discrimination, vary greatly among LGBT-people across European countries.**

In Lithuania and Romania eight out of ten LGBT individuals reported not being open about their sexual orientation to their friends, family, neighbors, or work/schoolmates.

The equivalent proportion is two out of ten individuals in countries such as the Netherlands, Denmark and Sweden.

The European LGBT survey has been carried out among 86,000 LGBT individuals from 28 countries. It gives a clear picture of how the conditions and life-satisfaction vary between countries. Life-satisfaction is significantly lower in countries where LGB individuals are at a high risk of being subjected to victimization or discrimination – the same countries where for example same-sex marriages or registered partnership are not permitted.

The survey is discussed at the European Public Health Conference (EPH) at Stockholmsmässan on 1-4 November.

## How terror events affect public health

At the EPH conference new research on how terror events affect mental health will be presented. A survey shows that terror attacks can cause profound consequences for the affected individuals and to the whole society.

In 2016, more than 13,400 terrorist attacks took place around the world, resulting in more than 34,000 total deaths. Deaths in Western Europe comprise less than 1 per cent of all deaths that resulted from terrorist attacks around the world, but Western Europe experienced a sharp increase in terrorist violence in 2015, compared to previous years.

Various scientific surveys show that terror events affect mental health, threaten beliefs about the world, cause distress and suspicion across populations and promote discrimination towards particular groups. At the conference, two workshops will investigate how health care and mental health care structures can meet these challenges and support people who are affected by mental ill-health caused by terror events.

### **Press conference 2 November 10:00**

Media is invited to meet the researchers of the survey on Thursday 2 November at 10:00.

Read more: [Press invitation – Public Health Conference in Stockholm](#)

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